

Preliminary Programme

Sincere-LIFE ART Workshop 2012

7 - 9 March 2012 Grand Copthorne Waterfront Hotel Singapore









College of Obstetricians & Gynaecologists Singapore

Embryonics International Obstetricians & Gynaecologists Society of Singapore

Welcome Message

Dear Friends & Colleagues,

I am pleased to welcome you to the 2nd Learning Initiatives for Fertility Experts (LIFE) series of training and updating Workshops in Assisted Reproductive Techniques (ART). The ART Workshop 2012 is the fourth organised by O&G Partners Fertility and the second in the LIFE series. The last LIFE ART Workshop was held nearly 2 years ago in conjunction with

As always, we have an excellent faculty comprising international and local experts to discuss and update of ART, both clinical and laboratory. Our international speakers include Professor Seang-Lin Tan (Canada), Professor Robert Norman (Australia), Professor Gábor (Denmark) and A/Prof. Kannamannadiar Jayaprakasan (United Kingdom). From Singapore, we have Professor they bring with them a wide range of expertise, skills

A highlight of the 3-day Workshop will be Ovarian and Oocyte Cryo-preservation, two of the more upcoming developments in ART. Also, for the first time, we have included an Ultrasound Practical on Follicular Monitoring and Ovarian Reserve Assessment for clinicians. As there are limited seats, it is important to register early.

This 2nd LIFE ART Workshop is partnered with the latest will offer patients with one of the best in clinical and embryological services in a stress-free environment.

opportunity to experience the culture, cuisines, art and architecture, with a unique blend of the tradition and modernity of this city.

I look forward to meeting you in Singapore!

Soon-Chye Ng, MD, FRCOG Professor, NUS & NTU

DAY 1

7 March 2012, Wednesday

07:45 Registration 08:30 Welcome address Prof. Soon-Chye NG

Session 1: Ovarian Stimulation Chairperson: Prof. Seang-Lin TAN

- 08:45 Ovarian stimulation for ART: Prediction and protocols A/Prof. K. JAYAPRAKASAN
- 09:30 New strategies in ovarian stimulation Prof. Seang-Lin TAN
- 10:15 Tea break

Session 2: Oocytes and Handling Chairperson: Prof. Gábor VAJTA

- 11:00 Principles in handling of ooctyes and embryos: key points in a successful ART laboratory Prof. Gábor VAJTA
- Laboratory aspects of cryopreserving 11:45 ovarian tissue for fertility preservation Prof. Claus Yding ANDERSEN
- 12:30 Group photo
- 12:45 Lunch break

Session 3: Folliculogenesis – Clinical Aspects Chairperson: A/Prof. K. JAYAPRAKASAN

- Is ovulation induction outdated? 14:00 Prof. Robert NORMAN
- 14:45 Monitoring of cycles – current approach & recent advances A/Prof. K. JAYAPRAKASAN
- Current status of IVM 15:30 Prof. Seang-Lin TAN

15:45 Tea break

Session 4: Embryo Markers & **Cryopreservation - Part 1**

Chairperson: Prof. Claus Yding ANDERSON

- Bio-and gene-markers for human 16:00 embryo development and viability Dr. Paul ROBSON
- Methods available for fertility 16:45 preservation in girls and women Prof. Claus Yding ANDERSON
- Different approaches of vitrification 17:30 Prof. Gábor VAJTA
- 18:15 End of day 1 programme
- 19:00 Welcome dinner

DAY 2

8 March 2012, Thursday

Session 1: Miscellanous Clinical Aspects of **ART Treatment**

Chairperson: Prof. Robert NORMAN

- 08:00 New approaches in decreasing stress in ART Prof. Seang-Lin TAN
- Implantation failure: 08:45 Evidence based management A/Prof. K. JAYAPRAKASAN
- 09:30 Metabolic sequelae of PCOS Prof. Robert NORMAN
- Tea break 10:15

Session 2: Embryo Markers & **Cryopreservation - Part 2** Chairperson: Prof. Soon-Chye NG

- 10:45 Patterning in pre-implantation embryos Prof. Davor SOLTER
- Cryopreservation: Biosafety issues 11:30 & achievements and perspectives in oocyte cryopreservation Prof. Gábor VAJTA
- Safety aspects of storing and 12:15 transplanting ovarian tissue from patients with a malignant disease Prof. Claus Yding ANDERSEN

13:00 Lunch

Session 3: New Developments in ART

Chairperson: Prof. Seang-Lin TAN

- 14:00 Social oocyte banking Prof. Seang-Lin TAN
- 14:45 Results of transplanting frozen/ thawed ovarian tissue Prof. Claus Yding ANDERSEN
- 15:30 Application of advanced ultrasound in reproductive medicine A/Prof. K. JAYAPRAKASAN
- Tea break 16:15

Session 4: Challenges in ART

Chairperson: Prof. Gábor VAJTA

- 16:45 Embryo culture – can we perform better than Nature? Prof. Gábor VAJTA
- 17:30 Peri-conceptual health and why it matters Dr. Robert NORMAN
- Certificate presentation 18:15 (Lectures only participants)
- 18:30 End of day 2 programme

DAY 3

9 March 2012, Friday

Hands-on Ultrasound Practical Chairperson: A/Prof. K. JAYAPRAKASAN 08:00 Ultrasound scanning of follicles A/Prof. K. JAYAPRAKASAN

- 10:30 Tea break
- 11:00 Ultrasound OR A/Prof. K. JAYAPRAKASAN
- 12:45 Certificate presentation (Ultrasound Practical participants)
- 13:00 End of day 3 programme for Ultrasound Practical

9 March 2012, Friday

Hands-on Laboratory Practical Time Group B Group A Speakers 08:00 Ovarian tissue freezing & Vitrification Prof. Claus Yding ANDERSON & Prof. Gábor VAJTA 09:00 Ovarian tissue freezing Vitrification Prof. Claus Yding ANDERSON (Group A) Prof. Gábor VAJTA (Group B) (with Dr. Swee-Lian LIOW & Dr. Nai Qing CHEN) 12:30 Lunch break Vitrification Prof. Gábor VAJTA (Group A) 13:30 Ovarian tissue freezing Prof. Claus Yding ANDERSON (Group B) (with Dr. Swee-Lian LIOW & Dr. Nai Qing CHEN) Certificate presentation (Laboratory Practical participants) End of day 3 programme for Laboratory Practical

All interested participants will need to register for the workshop. Please go to **www.embryonics.biz** to download the registration form.

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